

He! Mama he!

Liz Brouckaert isiXhosa



Voice 1: Skelm mama skelm sama zim cwe mama x2

Voice 2:

He! Mama he! x4

OBJ OBJ OBJ OBJ OBJ OBJ OBJ OBJ

Voice 1:

Andilal' ebusuku ndine phaphazela mama x2

Voice 2:

He! Mama he! x4



This is one of sixty children's songs in isiXhosa, isiZulu, English and Afrikaans (with one song in Sesotho) in a book called 'Songs Sung by South African Children' (1990, 1992 and 2002) published by Grassroots Adult Education and Training Trust.

Liz Brouckaert, the researcher, was commissioned to source and document local songs and make them accessible to teachers who were not specialist music educators. She looked for songs that children preferred to sing. What emerged time and again was that children really like singing about taboo subjects.

She collected the songs mainly in Cape Town over a period of 18 months, and then worked with friends to make audio recordings of the songs.

© Grassroots Adult Education and Training Centre, 2002

Text: Liz Brouckaert

Design and illustration: Kobie Swart

Music notation: Alvin Petersen and Liz Brouckaert

Translators: Rodney Adonis, Sandile Dikeni and Vukile Handula

He! Mama he!

Writer: Liz Brouckaert Illustration: Kobie Swart Language: isiXhosa



© Grassroots Adult Education and Training Centre, 2002, 2015



This work is licensed under a Creative Commons Attribution (CC-BY 4.0) Version 4.0 International Licence
Disclaimer: You are free to download, copy, translate or adapt this story and use the illustrations as long as you attribute or credit the original author/s and illustrator/s.



27 He mama he wma